

## Strawberry Laser Lipo Lose Inches While Laying Down

### How Does It Work?

Low level lasers are released through the treatment pads, triggering a chemical signal in the fat cells that breaks down stored triglycerides into free fatty acids and glycerol, which are released through the cell membranes. The fat content is then "burned off" during a period of post treatment exercise.

### What Should I Expect During The Treatment?



- ◆ Photographs, weight and measurements are taken.
- ◆ The laser panels are placed directly on your targeted area.
- ◆ *During each treatment one of our Doctors will meet with you to discuss your nutritional needs and educate you on how you can best maintain your results.*
- ◆ *Lay back, relax and enjoy the remainder of your treatment.*

### How Long Does The Treatment Last?

10-20 Minute Treatments. They can be carried out on your lunch break.

## Slim Fit Body Contouring & Skin Tightening

### How Does It Work?

Slim Fit utilizes Cavitation, Radio Frequency, Lymphatic Drainage and LED Therapy. This non-invasive body contouring system is for the reduction of stubborn fat and tightening of loose skin.



### Utilizing Radio Frequency for Cellulite Treatments:

It is now widely accepted that radio frequency is the best currently available technology for non-invasive, non-surgical skin tightening and cellulite removal.



Cellulite prone skin → RF treatment → Skin appears smoother

## What To Expect

Reduce your trouble spots, sculpt those bulging areas and reduce cellulite.



### What Should I Expect During The Treatment?

- Photographs, full body composition analysis and measurements are taken.
- You will feel deep tissue movements coupled with a light suction. Within minutes of your treatment you will feel the treated area begin to warm up.
- *During each treatment one of our Doctors will meet with you to discuss your nutritional needs and educate you on how you can best maintain your results.*

### How Long Does The Treatment Last?

Each treatment will last 40 minutes.

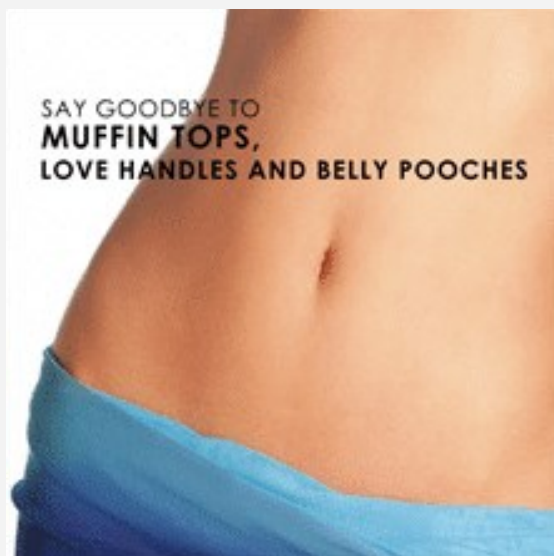
### Can I resume normal activities right after?

Absolutely. Feel free to freshen up in our jetted shower facility located on the ground floor.

## Slim Fit Treatments

### Do I need to exercise?

Yes. Exercise is key to the success of both programs. Our trainers will work out with you in our fitness center immediately after each appointment. These training sessions and use of our state of the art center are all included in your Body Contouring Package.



*With the most powerful fat removal technology to date, the results you will see are unbelievable!*

## Visible Results



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**AESTHETICS & FITNESS CENTRE**

## Non Invasive Body Contouring



- ♦ *Guaranteed Instant Inch Loss*
- ♦ *Cellulite Reduction*
- ♦ *Brazilian Bum Lifting*
- ♦ *Skin Tightening*
- ♦ *Works on all skin types*
- ♦ *No Pain, No Surgery. No Side Effects*

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